Pulsequalities 2

- **Leather**
  - Early stage: Pronounced Jing, Blood or Yin Xu heading towards "Qi Wild"
  - Later stage: Chaos "Qi Wild"
  - Leather-Empty: Chaos "Qi Wild"
  - Leather-Hollow: see Hollow
  - Leather; neither Empty or Hollow: still pronounced Yin-Blood-Jing Xu, but from electromagnetic radiation
- **Hollow**
  - Yielding Partially Hollow
    - Progression of Qi and Blood Xu from:
      - Over work
      - Blood loss over time (e.g. repeated abortions, miscarriages, other excessive uterine bleeding)
    - Individual position
      - When a Xu person experiences strong unexpressed anger over a long period of time. More common LMP, but anger will affect most Xu Yin Organ
  - Hollow and F/O - see F/O
  - Hollow with Shi or Xu Heat
    - Shi-Heat - pulse harder, tongue and eyes are red, only a little tongue coating
    - Xu-Heat - pulse is Yielding Hollow, tongue and eyes are pale, there is a tongue coating
  - Leather Hollow
    - Rate rapid: Bleeding is imminent
    - Rate slow: Bleeding in the recent past
    - Bilaterally, on one side, or in only one position: if the bleeding is confined to one area or one Organ
    - Entire Pulse: Indicates massive bleeding from many sources as with a massive trauma
- **Dead**
  - Progressive malignant neoplastic activity
- **Deep**
  - Progressive Qi Xu
- **Hidden**
  - Hidden Shi
    - Pulse is Hdden and Tense; Yang Qi is trapped in the interior due to painful obstruction from Cold, Food, Phlegm, Blood and Heat, that transforms to Wind
  - Hidden Xu
    - Extreme Yang Qi Xu
    - Collapse of Yin Organs
    - Neoplasm
- **Floating**
  - Entire Pulse, LU or SLP
    - External Pathogenic Factor
    - Floating, Tense, Slow = Wind Cold
    - Floating, Yielding, Rapid = Wind Heat
  - Entire Pulse Floating and Liver Tight/ Wiry and Rapid = Liver Wind
- **Flooding Excess**
  - Indicates Shi Heat trapped in a Yin Organ
  - From:
    - Overwork
    - Stress
    - Febrile illness or Acute Yang Ming Fu type infections (e.g. appendicitis)
    - Hepatitis
    - Episodes of mania in bipolar disease
  - Occasional Yang Qi trapped in the Interior by Shi Cold
- **Flooding Deficient**
  - "Push Pulse" implies a history of working beyond one's physical limits
  - In addition to overwork, a ceaseless obsessive drive pushing themselves day and night
- **Hesitant**; only found on the entire pulse
  - Mental "Push Pulse", "Vigilance Pulse"
  - Early stages
    - Worry or difficulty getting to sleep
  - Later stages
    - Progressive Heart Yin Xu
    - Strong sense of malaise and a feeling that they cannot keep up the pace they have set for themselves.
  - Worst scenario
    - Obsessive preoccupation with some aspect of life, usually work, in which the person's mind never ceases to rest even when asleep
- **Full Overflowing Hollow**
  - Shi Heat in the Blood
  - Early stages
    - Pulse gives way under pressure
    - Weakened vessels walls expanded from Heat
  - Tense and F/O (Hollow)
    - Heat in the Blood invades the Qi
  - Tight and F/O (Hollow)
    - Potential haemorrhage risk
    - Potential Cardiovascular accident
  - Vere Tight, Very Rapid and F/O (Hollow)
    - Imminent stroke
  - Yielding and F/O (Hollow)
    - "Qi Wild"
- **Unstable** "Qi Wild" Pulse
- **Yielding at Qi depth** Earliest sign of Qi Xu
- **Diminished at Qi depth** Early sign of Qi Xu
- **Absent at Qi depth** Further stage of Qi Xu
- **Diminished at Blood depth**
  - Similar to Yielding at Qi depth, but process has lasted longer; now also depletion of Blood
- **Spreding at Blood depth**
  - Gradual depletion of Qi and now also Blood - next stage of Qi & Blood Xu after Dim. Blood depth
  - Women
    - Lack of rest after delivery
    - Multiple pregnancies
    - Abortions and miscarriages
    - Habitual push during menstruation
- **Separating at Organ depth**
  - Early stage of Empty Pulse
  - Longterm overwork
  - Organ involved is beginning to loose its ability to function fully
- **Empty**
  - Stage after Separating at Organ depth
  - Extreme Qi Xu crossing the line to chaos"Qi Wild"
  - Middle Positions (Liver or Spleen/ Stomach) = Liver Qi/Blood Xu or Spleen Qi Xu --> Chaos
  - Bilaterally
    - Distal = physical or emotional trauma
    - Middle = from trauma or surgery
- **Feeble**
  - Early stage
    - Advanced Qi & Blood Xu in Yin Organ
    - Direct pre stage to Separation of Yin & Yang
  - Later stage
    - More advanced Qi & Blood Xu
    - Feeble and Wide = More Qi Xu
    - Feeble and Thin
- **Absent** Last stage of Qi Xu before Chaos
- **Yielding Empty Thread-like**
  - Separation of Yin & Yang
  - Caused by deficiency of Yin and/or Yang after severe long illness
- **Short**
  - Circulation between Yin Organs or Jiao's are blocked
  - From:
    - Yielding and Short = Qi Xu
    - Tense and Short = Stagnation from:
      - Blood
      - Qi
      - Phlegm
      - Food
- **Cotton**
  - Stagnation of Wei Qi
    - Sad Pulse, deep resignation
    - Shock to circulation
      - Physical trauma
      - Severe physical shock
- **Suppressed**
  - 'Medication Pulse' ; Beta-blockers, MAO inhibitors, Tricyclics, SSRI's
  - People who are aware that they are deliberately repressing resentment
- **Doughy**
  - Neuropsychological Position
    - Associated with neurological disease such as MS. Also headaches, head trauma, electro-shock-therapy and birth trauma.
    - Jing Xu with Tight-Wiry LPP
- **Restricted**
  - Special Lung Position
    - Severe Stagnation with Xu in chest or Lung.
    - Could include neoplastic processes or pulmonary fibrotic disease
    - Emotional Stagnation i.e. from great loss or grief that cannot move.
    - Bilaterally on SLP; could indicate regional issues, especially in combination with certain bilateral qualities in both distal positions such as Rough Vibration, a large degree of Chaning Intensity or Muffled, or Changing Qualities
- **Firm**
  - Cold Stagnation
  - Neoplasm and/or exhaustion from Xu pattern